## FUTURES THINKING

## The Present

In the present, all we know for sure is what has happened up to this exact moment. Anything we consider past this moment is the future, and the further into the future we think, the more possibilities there are to consider.



## The Future

Being able to think about a variety of possible outcomes when we consider different scenarios helps us anticipate what problems and opportunities we could face. This allows us to not only plan for the future, but it also allows us to try to influence the type of future we want to see.



**Imagine** a scenario



**Brainstorm** all the different futures that scenario could bring forth



**Consider** how you would prepare for and react to the different futures



**Think** about what you can do now to try to enact a favorable future



**Repeat!** We can't predict the future, but we can try to be prepared. The more scenarios you consider, the more prepared you might feel for whatever the future holds

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